



# Programme Specification

## SPT-HNC-2023: Sport (Community Sport and Physical Activity)

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Pearson Higher National Certificate awarded by Pearson (FHEQ Level 4)

Programme Status: Approved | Version: 1

## Introduction

This programme specification provides a summary of the main features of the Sport (Community Sport and Physical Activity) programme and includes the learning outcomes that you as a student are expected to have achieved on successful completion of the programme.

Further detailed information related to this programme and the College can be found in the following resources:

- Programme Handbook
- B&FC Admissions Policy
- Work based and placement learning handbook (for foundation degrees)
- Student guide to assessment and feedback

When undertaken as part of a Degree Apprenticeship additional information is available in the following resources:

- The Programme Delivery Plan
- The End Point Assessment Guide
- B&FC Mentor Guide
- B&FC Apprenticeship Strategy

## Key Programme Information

<b>Programme Code</b>	SPT-HNC-2023
<b>Programme Title</b>	Sport (Community Sport and Physical Activity)
<b>Teaching Institution</b>	Blackpool and The Fylde College
<b>Professional, Statutory and Regulatory Body (PSRB) Accreditation</b>	None
<b>UCAS Code</b>	
<b>Language of Study</b>	English
<b>Version</b>	1
<b>Approval Status</b>	Approved
<b>Approval Date</b>	04 August 2023
<b>JACS Code</b>	
<b>Programme Leader</b>	

<b>Programme Awards</b>			
<b>Award</b>	<b>Award Type</b>	<b>Level</b>	<b>Awarding Body</b>
Pearson Higher National Certificate	Higher National Certificate	Level 4	Pearson

## Programme Overview

The Blackpool & the Fylde College HNC Sport provide exciting opportunities for you to study to enable you to progress within and to careers in the sector. This programme provides you with a platform to begin or enhance your career and incorporate both technical training and practical elements that are highly desirable in a range of sports' roles but also gives you a strong range of transferable skills, relevant to many employment opportunities.

You will benefit from the expertise of the curriculum team who have excellent experience in the sector and are also actively involved in developing the workforce of the future. Class sizes are

normally small and again this is very beneficial, affording the opportunity for a tailored personal learning situation and plenty of help and support.

## Admission Criteria

The academic requirement for entering this programme is normally 64 UCAS points:

- A BTEC Level 3 qualification in Sport or related subject
- 64 UCAS Points = BTEC Extended Diploma: Grade MPP or BTEC Diploma: Grade MM
- A GCE Advanced Level profile that demonstrates strong performance in a relevant subject or adequate performance in more than one GCE subject.
- 64 points = 2 x A Levels at Grade C

Mature students will be considered if you can demonstrate

- Other related Level 3 qualifications eg Personal Training or Sports Massage
- Related work experience in a relevant role

## Career Options and Progression Opportunities

### Further Studies

The Level 4 Higher National Certificate provides a solid grounding in the discipline of Sport which you can build on, should they decide to continue their studies beyond the Certificate stage. Successful students may be able to progress to HND or Foundation degree in Sport, and from there onto a proposed BA(Hons) top up through B&FC.

### Employment Opportunities

Employment opportunities are strong, with a range of specialist roles available to them on completion of level 4, and management roles following level 5 or 6.

Employment opportunities with a level 4 qualification include;

- Sports development
- Sports coaching
- Health promotion
- Health and fitness manager
- Sports facility management
- Outreach work
- Sports entrepreneurship

## Programme Aims

1. To provide an academically challenging and vocationally relevant programme which develops knowledge, skills and attitudes relevant to careers in the sports sector, with a particular focus on community sports.

2. To provide an insight into the principles, concepts, perspectives, core values, cultural, social and legislative understanding of the operation and management of the community sports' sector.

3. To develop effective interpersonal, digital, technical, entrepreneurial and communication skills which are readily transferable to employment

4. To provide insight and understanding into the diversity of roles within sport, recognising the importance of collaboration at all levels and equip students with knowledge and understanding

of culturally diverse organisations, cross-cultural issues, diversity and values.

## **Programme Learning Outcomes**

### **Level 4**

Upon successful completion of this level, students will be able to:

1. Explain the core themes in management, leadership, innovation and entrepreneurship in the health & fitness and community sports' sector.
2. Explore the diversity of roles within the industry, recognising the importance of networking and collaboration at all levels.
3. Examine the challenges and opportunities of working in, and managing, culturally diverse organisations, cross-cultural issues, equality and values.
4. Describe the local and national context of the sector and discuss the contemporary social and economic issues which impact it.
5. Address contemporary issues facing the industry; with particular emphasis on health and fitness for all communities.
6. Consider professional ethics and their relation to personal, professional and statutory responsibilities within the industry.

## Programme Structure

Module	Level	Credits	%	Category	Description	Length/Word Count	Grading Method
<b>Stage 1</b>							
H/616/0935/UNIT6: Activity Leadership (Mandatory)	4	15	-	Coursework: Essay	n/a	1500	P/M/D/F
			-	Practical: Practical Skills Assessment	n/a	2x20	P/M/D/F
			-	Coursework: Project	n/a	1500	P/M/D/F
J/616/0930/UNIT1: Physical Activity, Lifestyle & Health (Mandatory)	4	15	-	Coursework: Report	Report	1500	P/M/D/F
			-	Practical: Presentation	presentation	15	P/M/D/F
			-	Practical: Practical Skills Assessment	n/a	2x45	P/M/D/F
K/616/0936/UNIT7: Inclusive Sport (Mandatory)	4	15	-	Coursework: Report	n/a	1500	P/M/D/F
			-	Practical: Practical Skills Assessment	n/a	20	P/M/D/F
			-	Practical	Podcast	10	P/M/D/F
L/616/0931/UNIT2: The Sport Landscape (Mandatory)	4	15	-	Coursework: Report	Report	1500	P/M/D/F
			-	Coursework	Professional discussion	15min/learner	P/M/D/F
			-	Practical: Presentation	10-minute presentation	10	P/M/D/F
R/616/0932/UNIT3: Project Management (Mandatory)	4	15	-	Coursework: Project	n/a	2500	P/M/D/F
			-	Practical: Presentation	Academic Poster	10	P/M/D/F
H/616/0952/UNIT12: Biomechanics (Optional)	4	15	-	Coursework: Project	Assessment plan	1500	P/M/D/F
			-	Practical: Presentation	Presentation (Report)	15	P/M/D/F
Y/616/0950/UNIT10: Nutrition (Optional)	4	15	-	Coursework	Essay	1500	P/M/D/F
			-	Coursework	Report	1500	P/M/D/F
K/616/0953/UNIT13: Technology in Sport (Optional)	4	15	-	Coursework	Assessment plan	1500	P/M/D/F
			-	Practical	Performance analysis	15	P/M/D/F

## Study Workload

You will be expected to attend face to face sessions two days a week at the University Centre between the hours of 9:30 and 15:00. In addition to the mandatory attendance, to successfully complete this course, you are required to invest extra weekly study and reading time towards your qualification/assessments at home/outside of the classroom. This works out as a further one day per week on average; however, this may vary. All resources provided will be uploaded on to Canvas. You will be required to travel to the Bispham Campus to use sports' facilities as

needed (you will be notified in advance). By design the course is 60% theoretical and 40% practical. During your induction you will receive your assessment schedule for the entire year, to allow you to plan your personal and work life accordingly.

## **Programme Delivery: Learning and Teaching**

This programme will have its roots embedded in the Blackpool & the Fylde College Inclusive Learning, Teaching and Assessment Strategy to ensure that it offers high quality technical education and clear connections to roles within the sector.

You will be engaged in a dynamic, interactive and reflective learning experience. This experience will effectively prepare them to successfully engage in the assessments, which will measure depth, as well as breadth, of knowledge. Teaching will stimulate academic engagement, develop challenging yet constructive discourse and encourage you to reflect on their own performance in preparation for, or to develop a professional sports' career.

The range of learning methods will include;

Case studies to illustrate how a range of concepts, theories and perspectives can be applied in the explanation and evaluation of real life examples.

Peer learning workshop sessions will be facilitated in order to foster collaborative active social learning, the co-creation of knowledge and the sharing of good practice, allowing you to explicate their ideas, arguments and perspectives.

Lectures will be used to provide current developments in sports' practices and processes, theory, and the wider social-political context in which these are located. Lectures will aim to promote an understanding of a range of perspectives that influence the nature of the industry.

The embedding of guest speakers and educational visits will continue to be an integral feature of the programme, as these serve to give you valuable insight and the development of relevant skills and behaviours. Blackpool and The Fylde College have seen a number of graduates progress in their career in many areas of the industry. Tutors have continued to support alumni in postgraduate study and further career prospects. Members of our alumni will continue to share their experiences at Blackpool and the Fylde College and working within the industry with new cohorts.. Guest speakers will include health care professionals, postgraduate students, and industry specialists sharing their areas of research, opportunities and inspiration to students.

Tutorials will be used to support the development of a range of skills and behaviours, eg those required to increase employability in the workplace, and academic skills to support you to complete assessments. The tutorials are supported through a cross college team called Partners for Success, who are available to help you with academic, pastoral, employment and welfare needs.

## **Programme Delivery: Assessment**

The Higher National Certificate is assessed using a combination of internally assessed Centre-devised internal assignments (which are set and marked by Centres) and an internally assessed Pearson-set assignment (which is set by Pearson and marked by Centres). The Pearson-set assignment is mandatory and targets particular relevant skills.

BTEC Higher Nationals recommend a variety of forms of assessment evidence to be used, provided they are suited to the type of learning outcomes being assessed. For many units, the practical demonstration of skills is necessary and, for others, you will need to carry out their own research and analysis, working independently or as part of a team. Pearson provide Example

Assessment Briefs which identify what would be suitable forms of evidence to give you the opportunity to apply a range of employability or transferable skills.

Formative assessment activities are used to ensure that you will feel confident to undertake future assessments. These activities may be in class sessions or may require some independent work. This will give the tutor an opportunity to feedback to you about your progress.

Summative assessment will be used to ensure all outcomes have been met for each unit, in line with Pearson regulations. The forms of summative assessment across the programme consist of essays, reports, case studies, presentations, posters and are used to support the development of cognitive skills and abilities. The principal rationale for selecting these methods of assessment and feedback are that they are supporting your development to progress into the sector with a range of skills.

Essays and reports will be used to enable you to analyse literature, formulate clear, cogent and logical arguments and judgements in order to develop critical thinking skills in their academic writing.

Case studies will be used to enable you to critically appraise and examine real life situations and link these to theory. The application of conceptual and theoretical knowledge and perspectives to real life industry situations will allow you to critically analyse and evaluate material, produce findings and make further recommendations.

Presentations are aimed to benefit the you in significant ways as they will be required to prepare material for public speaking and learn how to speak in front of a group, which is a broadly applicable professional skill.

### **Programme Delivery: Work Based and Placement Learning**

The programme will have a distinctive focus on entry to, and development within, work, delivering a curriculum that embeds employability, has a strong commitment to ethics and diversity, and introduces you to contemporary research. Students completing a Higher National Certificate in Sport will have the attributes, skills, principles and behaviours that will enable them to make a valuable contribution to local, national and international sport communities.

### **Programme Delivery: Graduate Skill Development**

Upon completion of your programme of study not only do we want to ensure that you have a great qualification but it's important to us that you are fully ready to embark on an exciting career and join our successful graduates. To ensure this, we've placed an enormous focus on developing and refining graduate attributes through teaching, learning, assessment and engagement with a wide range of peers, employers and other stakeholders. We call these graduate attributes and they're designed to help you prepare for employment and succeed throughout your career.

As a Blackpool & the Fylde College graduate you'll benefit from these graduate attributes:

- A commitment to lifelong learning and career development
- Collaborative teamwork and leadership skills
- Personal and intellectual autonomy
- Ethical, social and professional understanding
- Communication, information and digital literacies
- Global citizenship
- Research, scholarship and enquiry skills

Enterprise and entrepreneurial awareness and capabilities

### **Study Costs: Equipment Requirements**

You will need clothing and footwear suitable for sports and outdoor activity. A full list will be provided prior to enrolment.

### **Study Costs: Additional Costs**

There will be a variety of trips and other activities that may incur a small fee.

### **Related Courses**

The college offers a range of Higher Education programmes in complementary disciplines such as Business & Management. This ethos is at the heart of our Higher Education provision and is something that truly enhances your experience whilst you study, your ability to develop connections, internal and external to the college, and your prospects of landing the employment you seek. In addition, upon completing the programme can continue with further study in this field or a related discipline. This avenue allows a more focused approach to your learning and gives you the opportunity to continue your education.