

# Programme Specification

## ASC-2023: Adult Health and Social Care

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LU Certificate of Higher Education awarded by Lancaster University (FHEQ Level 4)

LU Foundation Degree in Arts awarded by Lancaster University (FHEQ Level 5)

LU Bachelor of Arts with Honours (Top-up) awarded by Lancaster University (FHEQ Level 6)

Programme Status: Approved | Version: 1

## Introduction

This programme specification provides a summary of the main features of the Adult Health and Social Care programme and includes the learning outcomes that you as a student are expected to have achieved on successful completion of the programme.

Further detailed information related to this programme and the College can be found in the following resources:

- Programme Handbook
- B&FC Admissions Policy
- Work based and placement learning handbook (for foundation degrees)
- Student guide to assessment and feedback

When undertaken as part of a Degree Apprenticeship additional information is available in the following resources:

- The Programme Delivery Plan
- The End Point Assessment Guide
- B&FC Mentor Guide
- B&FC Apprenticeship Strategy

## Key Programme Information

<b>Programme Code</b>	ASC-2023
<b>Programme Title</b>	Adult Health and Social Care
<b>Teaching Institution</b>	Blackpool and The Fylde College
<b>Professional, Statutory and Regulatory Body (PSRB) Accreditation</b>	None
<b>UCAS Code</b>	
<b>Language of Study</b>	English
<b>Version</b>	1
<b>Approval Status</b>	Approved
<b>Approval Date</b>	30 March 2023
<b>JACS Code</b>	Other: Other
<b>Programme Leader</b>	Lisa Galloway

## Programme Awards

<b>Award</b>	<b>Award Type</b>	<b>Level</b>	<b>Awarding Body</b>
LU Certificate of Higher Education	Level 4 Target Award (120 credits)	Level 4	Lancaster University
LU Foundation Degree in Arts	Foundation Degree (240 credits)	Level 5	Lancaster University
LU Bachelor of Arts with Honours (Top-up)	Honours Top-up Degree (120 credits)	Level 6	Lancaster University

## Programme Overview

### Programme overview

This new programme is designed for those working or wishing to work within the adult health and social care sector. This may include those working in a variety of settings such as dementia care, domiciliary care, drug and alcohol services and support services for those with mental

health concerns. In line with the need for more integrated and collaborative working this will also include those working in NHS and the voluntary sector.

The Certificate of Higher Education and the Foundation Degree in Adult Health and Social Care allow you to formulate robust links from theory to practice supporting them to become a compassionate and effective practitioner. Topics will include exploration of legal and ethical issues, reflective practice, resilience and wellbeing, advocacy and the principles of care. Legislation, policy and contemporary issues along with considering innovation with a solution focus for any areas of improvement within the sector will also be explored. These topics will be examined both locally and nationally.

For those students who wish to further progress onto the Level 6 Top Up will continue to build on the learning at the previous 2 levels of study and immerse themselves in the wider societal and political ideologies that impact on the discipline. Students will be encouraged to evaluate and critically discuss contemporary issues both nationally and internationally.

You will learn knowledge and expertise sought by sector employers, such as employability skills, research skills, problem solving skills and critical thinking. There will be opportunity to explore the key contemporary topics within the sector such as health inequalities, analysing how they are being addressed. Through the links forged with sector employers you will broaden your knowledge of pertinent topics within the field required of a resilient, effective and compassionate practitioner.

## Admission Criteria

For admission onto the Certificate in Higher Education and the Foundation Degree in Adult Health and Social Care, you are required to hold a level 3 qualification in a related health and social care discipline. You will also need English GCSE grade 4/C or Functional skills at level 2 to secure a place on this programme. This will ensure you have the academic skills and knowledge of the health and social care sector to aid your progression onto degree level study

Relevant programmes may include:-

Level 3 Health and Social Care (BTEC National Diploma)

Level 3 Health and Social Care NVQ equivalent

Access to Higher Education award

You will also require a minimum of 4 hours a week of paid or voluntary work in a adult health and social care setting, proof of this place will be required before commencing the programme.

### BA (Hons) Health and Social Care

If you have successfully completed the Blackpool and Fylde College Foundation Degree in Adult Health and Social Care you can be offered a place on this BA (Hons) top up programme in Adult Health and Social Care.

## Career Options and Progression Opportunities

On completion of the Certificate in Higher Education you will be able to operate in a position where you are able to demonstrate and role model exceptional practice to others in services. On completion of the Foundation Degree you will be able to advance into deputy managerial type positions and then move towards senior leadership positions on completion of the level 6 Top Up. All levels of the programme can progress you into a wide choice of careers including Drug

and Alcohol Worker, Dementia Specialist Roles, Social Care Worker, Pastoral Team Worker. Professions within Adult Health and Social Care also include health care assistant within the NHS and allied services.

On Completion of the Foundation Degree, you may be offered a place on the BA (Hons) Health and Social Care top up year, which can lead to further post graduate study including Social Work, Teaching, Occupational Therapy and Public Health. A popular example is Masters level study towards a named profession such as Social Work or Public Health professional.

## **Programme Aims**

Certificate of Higher Education in Adult Health and Social Care ( Level 4)

Aim 1 - Provide students with opportunities to engage in critical thinking and reflection that can be transferred when working with diverse client groups

Aim 2 - Allow students opportunity to assimilate a range of contemporary theories that can be selected from promoting best practice within health and social care.

Aim 3 - Promote the acquisition of transferable academic and research skills to utilise in solution focused practice.

Foundation Degree

Aim 4 - Promote autonomous practice to encourage students to work within a client centred way.

Aim 5 - Facilitate the importance of cultural competence when working in the health and social care sector

Aim 6 - Endorse the limitations of working with boundary practice, codes of conduct and duty of care

BA (Hons)

Aim 7 - Promote creativity and innovation in facilitating multidisciplinary care within integrated services

Aim 8 - Encourage the positive development of resilience and well being in oneself to enable positive working with crisis and challenge

## **Programme Learning Outcomes**

### **Level 4**

Upon successful completion of this level, students will be able to:

1. Discuss a range of ideas and debates that underpin adult health and social care, utilising a range of digital and academic research and literacies.
2. Recognise that the study of adult health and social care requires evidence-based practice to promote quality improvement
3. Identify the importance of securing and maintaining robust relationships to promote integrated practice for all stakeholders.
4. Develop reflective strategies for use within adult health and social care to promote continuing personal and professional development

## **Level 5**

Upon successful completion of this level, students will be able to:

5. Examine and research the improvements and developments being made in services to lead integrated practice and partnership working
6. Appraise a range of socio economic and cultural factors that impact life chances for the diverse client groups within the Adult Health and Social Care Sector.
7. Illustrate the role that resilience, advocacy and wellbeing play within the Adult Health and Social Care sector for all stakeholders
8. Explore the social determinants and inequalities in access to services to promote parity of provision for all

## **Level 6**

Upon successful completion of this level, students will be able to:

9. Assess contemporary issues in practice and make recommendations considering any ethical and moral dilemmas
10. Evaluate the role of the practitioner as change agent leading, entrepreneurial strategies to seek best practice.
11. Critically debate the value and application of human rights for all the Health and Social Care
12. Evaluate the impact of legislation and policy at national and local level on the Adult Health and Social Care sector.

## Programme Structure

Module	Level	Credits	%	Category	Description	Length/Word Count	Grading Method
<b>Stage 1</b>							
B4SHACHSC: Introduction to Academic Study (Mandatory)	4	20	60%	Coursework: Other	Written piece	2000	Letter Grade
			40%	Practical: Other	Cast study, analysis, interpretation (1500 words) and poster presentation (15 minutes)	15	Letter Grade
HSC402: Reflective Practice and Professional Development (Mandatory)	4	20	50%	Practical: Presentation	Piece to Camera (10 mins) and rationale(500)	1500	Letter Grade
			50%	Coursework: Plan	Career Plan	1500	Letter Grade
HSC403: Legal and Ethical Practice (Mandatory)	4	20	50%	Coursework: Essay	Essay	1500	Letter Grade
			50%	Coursework: Case Study	Case Study	1500	Letter Grade
HSC404: Quality Improvement (Mandatory)	4	20	60%	Coursework: Essay	n/a	1000	Letter Grade
			40%	Coursework: Plan	n/a	1250	Letter Grade
HSC405: Policy and Legislation in Health and Social Care (Mandatory)	4	20	70%	Coursework: Essay	n/a	1500	Letter Grade
			30%	Practical: Presentation	n/a	10	Letter Grade
HSC406: Safeguarding (Mandatory)	4	20	100%	Coursework: Essay	Safeguarding in relation to a specified sector	3500	Letter Grade
<b>Stage 2</b>							
B5HSC-16: Work Based Learning (Mandatory)	5	20	70%	Coursework: Report	Project	3000	Letter Grade
			30%	Practical: Presentation	Poster - Critical Reflection & Target Setting	2000	Letter Grade
HSC502: Developing a Resilient Workforce (Mandatory)	5	20	75%	Coursework: Essay	n/a	3000	Letter Grade
			25%	Coursework: Other	Presentation	10	Letter Grade
HSC503: Service Management and Development (Mandatory)	5	20	50%	Coursework: Critical Review	You will complete a critical reflection of 1200 words to meet the requirements of learning outcomes 1 and 2.	1200	Letter Grade

HSC503: Service Management and Development (Mandatory)	5	20	50%	Coursework: Essay	You will need to complete an essay of 1800 words to meet the requirements of learning outcomes 3 and 4.	1800	Letter Grade
HSC504: Advocacy and Empowerment (Mandatory)	5	20	50%	Practical: Group Presentation	Focus Group Assessment	1500	Letter Grade
			50%	Coursework: Report	Case Study Report	1500	Letter Grade
HSC506: Health Promotion in Health and Social Care (Mandatory)	5	20	75%	Coursework: Report	n/a	2000	Letter Grade
			25%	Practical: Presentation	n/a	10	Letter Grade
HSC507: Equity in Health and Social Care (Mandatory)	5	20	50%	Coursework: Essay	Essay	2000	Letter Grade
			50%	Coursework: Other	Vlog	10	Letter Grade
<b>Stage 3</b>							
HSC601: Dissertation (Mandatory)	6	40	20%	Practical: Presentation	Academic Poster	10	Letter Grade
			80%	Coursework: Dissertation	Thesis	8000	Letter Grade
HSC602: Contemporary Policy and Practice (Mandatory)	6	20	40%	Coursework: Essay	1500 Word essay – Consultation and evolution of policy	1500	Letter Grade
			60%	Coursework: Report	2000 word comparative report	2000	Letter Grade
HSC603: Innovation and Entrepreneurship (Mandatory)	6	20	40%	Practical: Other	Piece to Camera ( 15 mins duration)	15	Letter Grade
			60%	Coursework: Essay	Essay	2000	Letter Grade
HSC604: Human Rights (Mandatory)	6	20	50%	Coursework: Essay	Essay	2000	Letter Grade
			50%	Written Exam: Formal Written Examination	Open Book Assessment	240	Letter Grade
HSC605: Contemporary Issues (Mandatory)	6	20	50%	Practical: Other	Seminar and Research Paper	30	Letter Grade
			50%	Coursework: Essay	Essay	1500	Letter Grade

### Study Workload

A typical workload for this programme will require attendance at University for 1 day per week where you will participate in 3 taught sessions a day and both group and independent progress tutorials.

Further independent study of approximately 10 hours per module a week is advisable; this includes further reading, planning and writing time.

## **Programme Delivery: Learning and Teaching**

On the Foundation Degree programme, you will experience many forms of teaching which may include lectures, seminars, tutorials and project supervision. External visits from sector specialists will forge strong links between theory and practice and further provide the opportunity to explore the sector. There is strong emphasis on peer collaboration within class room work.

At BA (Hons) level you will take part in research activities involving sector collaboration. There are opportunities for independent task work and team orientated seminar discussion. A mixture of lecture and seminar sessions are further supported by peer led sessions on topics of choice.

Progress tutorials will provide support and guidance as you go through your academic journey with us and a named progress tutor will provide personalised support.

Our partners for success team can offer academic support and careers guidance.

## **Programme Delivery: Assessment**

You will experience diverse forms of assessment during your Foundation Degree including essay writing, report writing and case study work which will specifically link to the skills and attributes required within the vast area of Health and Social Care.

Communication is seen as a significant focus on the programme with the opportunity to develop small scale presentation skills within a group situation. This is necessary to be an effective practitioner when working with health and allied services.

You will have detailed feedback on all assignment work both verbally and in writing and this will help you to improve your academic skills.

You will develop keen research skills culminating in a small scale research project on the second year of the Foundation Degree.

At BA (Hons) level you will continue to develop your research skills with the production a Dissertation.

Throughout the programme you will be given feedback on draft work and plans and at times, via an in class quiz. This will provide you with the opportunity to improve your work.

## **Programme Delivery: Work Based and Placement Learning**

It is a requirement that you are in paid or voluntary work for a minimum of 4 hours a week.

We have an extensive network of employer connections and potential students can contact these connections for volunteer roles.

The programme forges strong links between theory and practice with guest speakers from industry and the use of real life case studies and reflective accounts within the teaching and learning environment.

The programme offers the opportunity to engage with a range of contemporary topics representing the challenges within the Adult Health and Social Care sector and taking into account the vulnerability of the client groups.

You will take a solution focused stance to problem solving via research led project work making recommendations for best practice.

## **Programme Delivery: Graduate Skill Development**

Graduate skills are imperative for your successful progression in the sector and for the acquirement of senior career roles.

They are vital for both personal and professional development.

### **A commitment to lifelong learning and career development**

Personal and professional reflection and career planning will be undertaken throughout the Degree in modules such as reflective Practice at Level 4 and Principles of Care at Level 5. At Level 6 Innovation and Entrepreneurship will allow you to explore areas for development withing CPD.

### **Collaborative teamwork and leadership skills**

These skills will be developed using case study and seminar work which will promote peer and team working. This skill is required in your working practice in the integration of practices between Health and Social Care services.

### **Personal and Intellectual autonomy**

There is a strong focus not only on teamwork but also on developing intellectual and practice based autonomy. The programme develops these skills via independent learning tasks both in class and in research projects with sector collaboration.

### **Ethical, Social and professional understanding**

It is imperative that you recognise the nature of working with vulnerable client groups. Through real life case study work you will explore issues such as gender complexity, marginalised communities, patient choice and advocacy and wellbeing. Political ideology is debated in modules such as Social Policy at Level 4 and Strategic Priorities at Level 5 and at Level 6 Contemporary Issues and Human Rights modules.

### **Communication, Information and Digital Literacies**

Communication and digital literacy is a key requirement within Health and Social Care and for all postgraduate courses leading to a professional career. You will enhance your skills are via Academic and Digital Literacy modules at Level 4 and Piece to Camera in Reflective Practice which builds confidence in public speaking along with peer led presentations on the programme. At Level 6, an assessed verbal seminar with written report to support promotes group communication and information sharing.

### **Global Citizenship**

You will compare and contrast policy and provision within a global, national and local arena on this programme. In modules such as Legal and Ethical Issues at Level 4, Advocacy and Wellbeing and Contemporary Issues at Level 6 you will discuss how clients and family members needs are met and take a solution focused stance to the potential issues that prohibit fair and equitable treatment.

### **Research, scholarship and enquiry skills**

You will develop enquiry skills and hone research skill beginning at Level 4 with wider reading sourcing valid supporting documents for essay writing. At Level 5 you will undertake a research project which you may wish to continue at Level 6 with Dissertation which will ask that you address a contemporary issue within the sector and seek solutions to that problem.

## **Enterprise and Entrepreneurial skills**

You will focus on Quality Improvement in Health and Social Care identifying areas of your workplace you feel could be improved, drawing up a plan of action working with sector leaders. Taking an innovative approach at Level 5 focusing on health inequalities in the community, the module Strategic Priorities in Health and Social Care will enable you to take an enquiring approach to government issues and address their strategies for improving equity of care.

## **The ability to solve unforeseen problems with creativity and imagination**

On the programme you will be supported to develop a problem solving approach which will be necessary in supporting vulnerable communities which are found in the local area with high levels of deprivation and poverty. In research based modules at Level 5 and 6 you will seek to solve sector based issues taking an innovative approach. Progress tutorials will support you to devise target setting and consider creative solutions to any barriers that may be obscuring your vision.

## **Study Costs: Equipment Requirements**

There are no additional costs attached to this programme.

All core texts are available in the LRC along with IT support.

## **Study Costs: Additional Costs**

There are no additional costs for this programme.

## **Related Courses**

Society Health and Childhood offer a suite of curriculum programmes including-

Mental Health and Resilience Foundation Degree and BA top up

Children, Young People and Families Foundation Degree and BA top up

Teaching and Learning Support Foundation Degree and BA top up

Level 5 Apprentiship in Leadership

Following completion of this programme you may progress to a Masters in Social Work (Lancaster University), PGCE (Blackpool and the Fylde College) and Masters in Applied Public Health (UCLAN)